

*The Community Health Council of Lebanon County
and Community Wide Wellness Committee*

presents...



**THE 9TH ANNUAL
CULTURAL
DIVERSITY
WORKSHOPS**

Wednesday, August 3, 2011

7:30 am – 4:30 pm

Lebanon Technology and Career Center

833 Metro Drive

Lebanon, PA 17042

KEYNOTE PRESENTER

Marilyn Stein, MEd

Marilyn Stein has been a Parole Officer, working with DWI Offenders for more than 20 years in Lancaster County, PA. In that time, she became an Allied Certified Addiction Practitioner, Certified Court Reporting Network Evaluator, and an Alcohol Highway Safety School Master Trainer. She completed her Master's Degree in Training and Development from Penn State University in 1997. In 2002 she retired from the County of Lancaster and established MGS Consulting, a training and consulting business. She has been on the faculty for the National Judicial College and The National Drug Court Institute. She provides training for the PA Department of Health and the PA Department of Transportation. She has assisted with implementing DUI Courts throughout Pennsylvania. She is contributing to the monograph on the National Standards for DWI Offender Supervision for The American Probation and Parole Association.

Keynote Topic:

"COMING FROM KINDNESS"

8:30-9:30 AM

"Coming from a place of kindness" has the ability to transcend differences. Kindness is the environment that makes all our relationships stronger. From our choice of words to our behaviors kindness is the key to improving relationships with everyone. It is an ideal default setting yet often it goes out the window when our beliefs are challenged.

Marilyn Stein will continue with her keynote topic, "Coming from Kindness", in a morning workshop course

Workshop Presenters & Breakout Sessions

Participants whom attend presenters in Red are eligible for CEUs

Bill Chalfant: Youth Gangs

Detective Bill Chalfant is the co-founder and current president of the Pennsylvania Chapter of the East Coast Gang Investigators Association and has assisted in designing and developing the first-ever Gang Awareness Course for Pennsylvania police officers. Bill Chalfant has been a detective for the Lancaster County District Attorney's Office since 2004 and a court recognized gang expert. Detective Chalfant retired from the Lancaster City Police Department after 26 years of service. He obtained his degree in criminal justice from Harrisburg Area Community College and has over 30 years experience in law enforcement. He is certified through Gang Professional-East Coast Gang Investigators Association, Gang Specialist-National Gang Crime Research Center at University of Illinois. In addition, he is a certified instructor at Harrisburg Area Community College Municipal Police Academy and for the Pennsylvania Municipal Police Officers Education and Training Commission as well as an Ad-Hoc instructor at Pennsylvania Department of Corrections Training Academy. He is a National Gang Advisory Board Panel member for the Institute for Public Safety Partnerships through University of Illinois. He serves as a committee member for Center for Safe Schools' Pennsylvania Youth Gang Data Project Advisory and the Pennsylvania Municipal Police Officers Education and Training Commission.

SESSION #1: TWO 2 HOUR SESSIONS; MORNING 9:45-11:55 and AFTERNOON 1:45-3:45

"INFLUENCES AND IDENTIFIERS OF YOUTH GANG INVOLVEMENT TODAY"



This workshop is designed to provide information needed to heighten the awareness of identifiers indicative of possible gang involvement and will provide an insight into the societal influences on youth participation in the gang lifestyle through the medium of the media and entertainment industry. Topics will include the following; an introduction to gangs, media and entertainment influences, school issues and concerns, new age recruitment, symbols and identifiers such as clothing, graffiti, tattoos and hand signs. Upon completion of Detective Chalfant's workshop, you will have a better understanding of the reasons for gang participation, why the term gang "wannabe" should not be used, what criteria is so important in the identification process of a gang member and the complexities of gang identifiers and their correlation to the popularity of the hip-hop culture.

Karen Carrasquillo, LPC: Bullying

Karen Carrasquillo received her Masters in Counseling Psychology with a subspecialty in Marital and Family Therapy from Kutztown University and has since become a licensed professional counselor. Karen currently works as a therapist with Autistic children at Philhaven Behavioral Healthcare's CADD clinic. She previously worked as an independent consultant through Reading Specialist/Safe Guards Foster Care Program in which she provided therapy to families and reunification sessions between victims and offenders. Karen became certified in the Hare Psychotherapy test and a Licensed Professional Therapist. She provided groups and individual counseling at North Hampton Detention and Treatment Center and also worked as a Placement Caseworker and Abuse Investigator for Berks County Children and Youth Services. Karen served as a Treatment Counselor at Berks County Prison in which she provided therapy for 60 inmates and was responsible for the Drug and Alcohol classes in the ADAPPT Drug and Alcohol Unit.

SESSION #2: TWO 2 HOUR SESSIONS: MORNING 9:45-11:55 and AFTERNOON 1:45-3:45

"Bullying"

This workshop is designed to inform the audience about bullying and developing strategies to decrease bullying among children. Karen will discuss the importance of knowing how a bully thinks, particularly about their victims as well as how victims can protect themselves from being a target of a bully. The audience will walk away with knowing the four preconditions of bullying, the motivation of a bully, the barriers, the victim's resistance, the abuse, techniques and preventions

Carl S. Moore

Carl S. Moore has been speaking, facilitating and training in the higher education arena for over ten years. His passion for leadership, teaching and learning and social justice can be traced back to when he was an undergraduate at Kutztown University of PA. As a student leader Carl was a peer mentor, community assistant, orientation leader, Black Student Union President, and diversity educator. His enthusiasms for education lead him to The Ohio State University where he received Master's Degree in Higher Education Student Affairs. While studying at Ohio State he developed an affinity for learning about education both in and outside of the classroom in college settings, leading him to do research in the areas of multiculturalism, psychosocial and cognitive development of college students. Currently he works at Temple University as the Associate Director of the Fox School of Business Undergraduate Advising Center. This role has allowed Carl to play a critical role in coaching students through their college careers. While working fulltime, Carl is a doctoral student in Temple's Urban Education program. His research focuses on social justice, student development, organizational development, pop culture, and inclusive pedagogy in higher education. Carl's professional progression thus far has allowed him to serve in the following roles: Student Support Services Advisor and Upward Bound Math Science Coordinator at Kutztown University, Coordinator of Multicultural Recruitment at Reading Area Community College, and as the Assistant Director of The Center for Social Justice & Multicultural Education at Temple University. Concurrently, he has always enjoyed motivational speaking, doing leadership development, conducting diversity related workshops, and presenting at professional conferences. Along the way, Carl's work has encouraged others to "celebrate differences and build on similarities" in order to bridge gaps and empower the masses. In doing so he is guided by his spiritual belief that "we are all the eyes of the Creator looking back at itself." This allows him to see a little good in everyone on his lifelong mission to help others reach their fullest potential.

SESSION #3: Two 2 hour sessions; MORNING 9:45-11:55 and AFTERNOON 1:45-3:45

"Got Swagga?: Exploring Social Justice Using Hip Hop Elements"

This workshop will engage its participants in a highly interactive walk through the five elements of hip hop concurrently exploring social justice. Hip Hop heads to those who have limited or no knowledge of Hip Hop culture will have the opportunity to explore Hip Hop in their own way. At the end of the workshop all participants will have knowledge of how Hip Hop intersects with social justice, and at the very least a little extra "Swagga." By the end of this presentation, not only will you have a better understanding of the 5 elements of hip hop and skills in how to engage others with the hip hop elements, but will also have an increased understanding on hip hop and its intersection with social justice.

Marilyn Stein, Med

SESSION #5 (One 2 hour session, Morning ONLY; 9:45-11:55am)*

"COMING FROM KINDNESS"

Upon completing this workshop, participants will be able to define kindness and view kindness as a strength. In addition, participants will be proficient in recognizing barriers to kindness and identify methods for using kindness in our daily routines. This workshop will encourage participants to reconsider the role of kindness as a way of being.

Norma Iris Gonzalez and Fred Shattls: Hispanic Culture

Norma Iris Gonzalez is of Puerto Rican descent and is third generation, having been born and raised in Lebanon County. Ms. Gonzalez graduated from Lebanon Valley College with a Bachelor's in Sociology. She currently is working with Pennsylvania Counseling Services as a Family Based Mental Health Worker and enjoys working with families in the Lebanon County area.

Fred Shattls serves as the Director of the Lebanon School District's English to Speakers of Other Languages Programs. He has taught ESL to English language learners ranging in age from kindergarten to adults primarily in the Lebanon School District. He has also taught ESL in Cornwall-Lebanon High School and earned his Bachelor's degree at Penn State. He completed graduate work in the fields of bilingual education and English as a second language at Temple University, El Centro De Estudios Avanzados de Puerto Rico Y El Caribe, Penn State, and La Universidad De Turabo. Teaching certifications include secondary social studies, Spanish & ESL, Program Specialist. Although Fred has experience teaching students from many countries, he primarily works with Hispanic students. He attributes his knowledge of the Hispanic culture to his interaction with the students and their families.

Session #6 one 2 hour Session – Morning; 10:00am – 12:00pm

"Orientation on Understanding the Hispanic Community"

In this workshop, we will provide an overview of the Hispanic Cultures in the area. Participants will learn about issues related to diversity, language, names, statistics, non-verbal communication, racial, linguistic, and nationalistic terminology. This workshop will also provide strategies for better understanding our emerging Hispanic Culture and why they move to Lebanon. In addition to the presentation there will be time for discussion and questions. Educators will find this workshop helpful along with agency personnel and others who share an interest in gaining a better understanding of our Hispanic families.

Session #11 one 2 hour Session – Afternoon; 1:30pm – 3:30pm

"A Deeper Understanding of Our Hispanic Community"

This workshop will provide an in-depth view of the items covered in "Orientation on Understanding the Hispanic Community" with additional topics being introduced. To have the necessary information to understand this presentation, it is strongly suggested that participants attend either the morning session or the session from last year in order to have knowledge, concepts and vocabulary that will be used by presenters. Topics pertinent to the Hispanic condition in Lebanon will be presented. This session will allow for free discussion, handouts will also be provided. *(Pre-Requisite: Attendance at this year's 2-hour workshop in the morning session "Orientation on Understanding the Hispanic Community")*



Ruth Donlin, M.S.

Ruth Donlin is a consultant whose private practice is based in New York. She provides consultation to schools, agencies, and home programs that serve children and adults on the autism spectrum. She has completed her course requirements for a Ph.D. in Clinical Psychology at Pacifica Graduate Institute and is completing her dissertation. She presents on a variety of topics such as challenging behaviors, classroom management, using visual supports, team dynamics, and social skill development at conferences regionally, nationally, and internationally. Ms. Donlin is President of the Autism Special Interest Group (SIG) for the Association of Behavior Analysis.

Session #8 one 2 hour Session – Morning; 10:00am – 12:00pm

"Helping Teachers Work with Children with Autism, Asperger's and Pervasive Developmental Disorders (Part I)"

This presentation will focus on strategies to help children on the Autism Spectrum in classroom settings, although interventions discussed would also be helpful in home and community settings. Common challenges to working with children on the spectrum will be discussed, along with concrete examples of how to support children who have academic, social and behavioral needs. Teaching strategies that include curricular and environmental modifications will be described in detail to systematically help children adapt more successfully to their environment. Ruth will give a brief overview of the Autism Spectrum disorders along modifications for deficits in comprehension, attending to tasks and reading and writing skills. She will address the inconsistencies in behavior and academic performance.

Session #10 one 2 hour Session – Afternoon; 1:30pm – 3:30pm

"Helping Teachers Work with Children with Autism, Asperger's and Pervasive Developmental Disorders (Part II)"

This presentation will focus specifically on challenging behaviors often displayed by children on the Autism Spectrum. Assessing, understanding and developing interventions to modify behavior will be discussed. Specific examples will be provided on how to extinguish inappropriate behaviors as well as how to promote and develop appropriate prosocial behaviors. Motivational plans will be provided to intervene at both proactive and reactive levels. Teaching of coping skills and replacement behaviors will be emphasized. Choosing goals and deciding what areas to target will be discussed.

Jennifer Goss; BSED, MA

Jennifer Goss is a Summa Cum Laude graduate from West Chester University of Pennsylvania with a Masters Degree in Holocaust and Genocide Studies with a focus in the Evolution of Survivor Psychology. Jennifer was a course instructor at the Berks County Intermediate Unit and now she is currently a Social Studies teacher at Fleetwood Area High School in Pennsylvania and has developed school curriculum that focuses on the Holocaust and criminal justice. Jennifer is the co-advisor of STAND (Student Anti-Genocide Organization), the coordinator of the Holocaust Library and Resource Center at Albright College and the chair for the Pennsylvania Holocaust Education Council. She is also a member of the Jewish Foundation for the Righteous, the United States Holocaust Memorial Museum, the Jewish Labor Committee for teachers, the Echoes and Reflections Training, and the Arthur & Rochelle Belfer Conference for Educators. Jennifer has also Co-Produced the Misa's Fugue Documentary and has presented at multiple Council Conferences. She has had numerous publications and has presented on the Holocaust throughout Pennsylvania. Jennifer has received a number of awards including the Ethel LeFrak Outstanding Student Scholar of the Holocaust; Best Practices in Holocaust Education; Fleetwood Education Foundation Grant for Holocaust Education; West Chester University of Pennsylvania Graduate Studies Grant; Rotary Teacher of the Semester; and the Fleetwood Education Foundation Grant for Holocaust Education.



Session #7 One 2 hour session; Morning ONLY; 9:45-11:55am

[An Overview and Impact of the Holocaust](#)

Jennifer will give the participants an overview of the historical event known as the Holocaust and the impact of the choices made by professionals during this period on the victims of this event. Jennifer will review the list of groups persecuted by the Nazis and their collaborators and identify the events leading up to the Final Solution. Participants will walk away with the ability to explain the impact of Nazi policies on various professions within Germany such as doctors, nurses, teachers, therapists, etc. Participants will also learn to recognize how the complicity of individuals in these professions led to the implementation of Nazi policy.

Hilda Mantelmacher: Holocaust Survivor

Hilda Mantelmacher is a native of the former Czechoslovakia. She is a Holocaust survivor and a member of a dwindling group of eyewitnesses to the genocidal atrocities unleashed by the Nazi regime. She survived the Auschwitz Concentration Camp, the largest concentration and extermination camp facility. It was the camp where the largest numbers of European Jews were killed during the Holocaust. After an experimental gassing there in 1941 of 850 malnourished and ill prisoners, mass murdering became a daily ritual. Hilda was then transferred from the Auschwitz Camp to the Bergen-Belsen Camp, the camp where Ann Frank and her sister Margot died from Typhus. The Bergen-Belsen Camp was known as a Transit Center, a place prisoners were shipped to when they became too weak to work so they could die off slowly by starvation and Typhoid. Hilda was held prisoner at the Bergen-Belsen Camp until the end of the war.

Session #12: One 2 hour session; afternoon ONLY; 1:45 – 3:45

[EXPERIENCING THE HOLOCAUST FROM A SURVIVOR](#)



Hilda will share her story of surviving the largest Concentration Camp. Auschwitz has become a symbol of the Holocaust not only due to its geographical size, but also because Jews were sent there from all over Europe to undergo selection and to be systematically murdered in gas chambers. It is estimated that over a million people were murdered in the gas chambers of Auschwitz in which more than 90% were Jews. Hilda will also be showing a documentary of Bergen-Belsen developed by the British. She will graciously answer any questions about her experience.

Gene Kelly, M.S.

While not the most difficult experience, working through his own coming out propelled Gene Kelly to research the needs and issues of gay, lesbian, bisexual, transgender, and queer individuals across the life span. He has helped many individuals answer the question “Who am I and where do I fit in American society as a LGBTQ person?” through his work assisting in or coordinating services for this newly-emerging population on three vastly different college campuses. In addition to this extremely rewarding work, Kelly has also used his broad knowledge base in gender and sexuality as an Adjunct Instructor of American Studies at Lebanon Valley College, teaching *Gender and Sexual Minorities in American Culture* and *Multiculturalism and the American Identity*. In his work as a higher education professional and consultant, he has researched and presented on topics such as reducing heterosexism and homophobia in high schools, colleges, and work environments, LGBTQ issues and the admissions process, creating a bias response team on a college campus, inclusive leadership, creating high impact social justice programming, and men working to end sexism at regional and national conferences sponsored by organizations such as the American College Personnel Association, the National Association for Multicultural Education, and the Pennsylvania Association of College Admissions Counselors. He co-founded the Lebanon Valley College Social Justice Institute in 2008 and has been honored for his advocacy work on multiple college campuses. Kelly is currently pursuing his Ph.D. in Human Development at Marywood University and earned his master’s degree in Higher Education Counseling from West Chester University. He is a Senior Consultant with Perceptions Unlimited, providing consultation and training in multicultural organization development and culturally competent strategic planning, professional, student leadership, and program development, mentoring program development, and project based administrative services to institutions including Temple University, Juniata College, and the University of Scranton. In addition, he serves as a Lecturer in the Psychology and Counseling Department and is a member of the Housing and Residence Life Staff at Marywood.

Session #9 One 2 hour session; Morning ONLY; 9:45-11:55am

“It’s Not Just Yelling Homo. “Recognizing, Responding to, and Reducing Heterosexism and Homophobia

Picture it—it’s Monday morning. You’ve walked into the office and a co-worker asks about your weekend, typical Monday morning banter, right? You say it was relaxing, you just stayed home and watched movies with a friend. She peppers you with more questions that you know you can’t answer because if you tell her that your friend is actually your partner of over three years, things might change, so you smile politely, walk into your office and shut the door (in more ways than one). Is this homophobia? Why? Why not? By first creating a common ground around the gay, lesbian, bisexual, and transgender community, participants will engage in discussions about how they see homophobia and heterosexism reflected in their lives and how to respond to it.

Session #13: 1 TWO HOUR SESSION; afternoon ONLY; 1:45 – 3:45

“Beyond the Basics: An Advanced Workshop on Confronting Heterosexism and Homophobia on an Individual and Institutional Level”

Creating safe environments for LGBTQ individuals can be a challenge in any setting. Eliminating interpersonal homophobia is the first step. This interactive session will provide opportunities to directly build and practice skills that will assist with the reduction of heterosexism and homophobia, including recognizing how institutional factors can affect the process. Individuals who attend this session should already have foundational work in LGBTQ issues, either from attending the earlier session or from other professional experience.



SESSION #4: Two 2 hour sessions; MORNING 9:45-11:55 and AFTERNOON 1:45-3:45

“The Ripple Effect of a DUI Crime as Told by a Victim, an Offender and MADD”

This powerful and life touching workshop is designed to educate the public on the far-reaching effects of drinking and driving as well as driving under the influence. Traffic crashes are the #1 killer of teens and nearly one-third of teen traffic deaths are alcohol-related. A representative from MADD will introduce the speakers and provide information and resources to those interested. You will hear from a victim survivor, Missy Switzer, of a DUI crash as well as a DUI offender, Davonne Lawson, who often speaks to the youth about the dangers of drinking and driving. Both speakers give testimony at victim impact panels for first time offenders across central Pennsylvania in order to hopefully effect change in behavior.

Workshop Timeline

7:30 am – 8:15 am – Registration & continental breakfast (*breakfast is provided with paid registration*)
8:15 am – 8:30 am – Welcome
8:30 am – 9:30 am – Keynote Speaker: Marilyn Stein
9:30 am – 9:45 am – Break/Transition to AM sessions
9:45 am – 11:55 am – AM Session (includes 10 minute break)
11:55 am – 12:45 pm – Lunch/Networking (*Lunch is provided with paid registration*)
12:45 pm – 1:30 pm – Entertainment
1:30 pm – 1:45 pm – Break/Transition to PM Session
1:45 pm – 3:55 pm – PM Session (includes a 10 minute break)
4:00 pm – 4:30 pm – Hand in overall evaluations and door prize drawings

TARGET AUDIENCE: These workshops are intended for anyone working with children, adolescents, and adults in any capacity such as: Human Services, Medical Professionals, Child Care Providers, and School Staff.

PURPOSE: The purpose of these workshops are to facilitate improved understanding, compassion, and appreciation for those of various cultures and abilities in our community. Various vendors will be available to distribute information on their agencies and programs available in the community.

OBJECTIVES: Develop cultural awareness in the community; provide practical ideas and information for working with different cultures and abilities, and to initiate development of a local resource network.

- Certificates of Attendance will be provided.
- **ACT 48 CREDITS & 4 GENERAL EDUCATION CEU'S ARE OFFERED. PLEASE NOTE, ATTENDEES THAT ATTEND SESSIONS WITH SPEAKERS WHOSE NAME APPEARS IN RED FONT ARE ELIGIBLE FOR CEUs. THEY WILL BE SUBMITTED THROUGH THE EXTENSION OFFICE OF PENN STATE UNIVERSITY. SIGN UP SHEETS TO OBTAIN THESE CREDITS WILL BE AVAILABLE AT THE CONFERENCE.**
 - * PLEASE NOTE THAT YOU MUST ATTEND THE FULL DAY TO RECEIVE THESE CREDITS!
- **CE CREDITS BEING OFFERED FOR IDENTIFIED PRESENTATIONS FOR PSYCHOLOGISTS, SOCIAL WORKERS, LPC'S & MFT'S. EVALUATION FORMS MUST BE COMPLETED TO RECEIVE CERTIFICATE OF ATTENDANCE. PLEASE SEE THE FOLLOWING WEBSITE FOR INFORMATION RELATED TO CE CREDITS: www.philhaven.org , EDUCATION tab, PROFESSIONAL CONTINUING EDUCATION, CLASS LISTING**

ABOUT THE COMMUNITY HEALTH COUNCIL

The Community Health Council of Lebanon County (CHC) is comprised of a wide array of public and private organizations. The Board's Mission Statement is: to identify the under met health needs, to raise awareness and address the issue of substance abuse among youth and ultimately the community-at-large, and to improve the overall health status of the residents of the Lebanon County, PA area through a cooperative community effort. The Corporation will serve as the catalyst for creating, linking and supporting community-based partnerships that engage in activities to improve the health and quality of life of the citizens of Lebanon County. It is a coalition of individuals and organizations working together to encourage and support a safe, healthy and substance free community for every individual with a focus on youth. These entities have formed a unique partnership to address unmet needs in Lebanon County and improve the community's overall health and wellbeing.



WORKSHOP REGISTRATION FORM

Please place a check mark next to the workshops you would like to attend and complete the bottom portion of the form. Please print legibly!

Session highlighted in Yellow denotes CEU approved

Sessions Available both AM & PM				
AM ✓	PM ✓	Session #	Presenter Name	Presentation Topic
		1	William Chalfant	Influences and Identifiers of Youth Gang Involvement
		2	Karen Berkel	Bullying
		3	Carl Moore	Got Swagga?: Exploring Social Justice Using Hip Hop Elements
		4	MADD	Survivor and Victim of Drunk Driving
✓		Session #	Sessions Available in AM ONLY	
		5	Marilyn Stein	Coming From Kindness
		6	Fred Shattls and Norma Iris Gonzalez	Orientation on Understanding the Hispanic Culture and Community
		7	Jennifer Goss	Holocaust
		8	Ruth Donlin	Helping Teachers Work with Children with Autism, Asperger, and Pervasive Developmental Disorder (Part I)
		9	Gene Kelly	"It's Not Just Yelling Homo." Recognizing, Responding to, and Reducing Heterosexism and Homophobia"
✓		Session #	Sessions Available in PM ONLY	
		10	Ruth Donlin	Helping Teachers Work with Children with Autism, Asperger, and Pervasive Developmental Disorder (Part II)
		11	Fred Shattls and Norma Iris Gonzalez	A Deeper Understanding of our Hispanic Community **must take Session #6 as a pre-requisite**
		12	Hilda Mantelmacher	Experiencing the Holocaust from a Survivor
		13	Gene Kelly	"Beyond the Basic: An Advanced Workshop on Confronting Heterosexism and Homophobia on an Individual and Institutional Level"

2-Hour workshops include a 10-minute break

Please enter your information below

Name: _____ Phone #: _____

Agency: _____

Address: _____

E-mail: _____

(Registration confirmation will be sent by e-mail)

- Check here for CE credits ACT 48 TBD
- I would like to be a vendor (please check box and complete contact info above)

Please mail your registration fee with this completed registration form to Jamie Schell, 283 South Butler Road, Mount Gretna, PA 176064

NO REGISTRATIONS ACCEPTED AFTER July 27th, 2011

****Due to limited space, no registrations will be accepted at the door****

Register by July 15th: \$40.00 Register after July 15th: \$45.00
Vendor: \$15.00

Payment

- Check # _____ (Please make checks payable to Community Health Council)
- Cash

DIRECTIONS TO LEBANON CAREER AND TECHNOLOGY CENTER

833 Metro Drive, Lebanon PA 17042

Directions Link: <http://www.lcctc.k12.pa.us/ContactUs/Directions.aspx>

From Harrisburg: Follow 22 East to 72 South towards Lebanon. Turn right onto North 10th Street, turn left onto West Walnut Street, turn right onto Birch Road then make a left onto Metro Drive. Take the first left to stay on Metro Drive.

From Lancaster: Route 72 north through East Petersburg and Manheim; Once you are in downtown Lebanon, continue on 9th Street. Turn right onto Walnut Street and follow for approximately 1 ½ mile. Turn right onto Birch Road then make a left onto Metro Drive. Take the first left to stay on Metro Drive.

From Philadelphia: Pennsylvania Turnpike west to exit 266/old Exit 20; Route 72 north to Route 72 North. Follow 72 North into Lebanon, make a right onto West Walnut Street, turn right onto Birch Road then make a left onto Metro Drive. Take the first left to stay on Metro Drive.

From Reading: Route 422 west into Lebanon. Once in Lebanon turn left onto South 5th Avenue, turn left onto East Walnut Street, turn right onto Birch Road, turn left at Metro Drive and take first left to stay on Metro Drive.



